



# PRESCHOOL EDUCATION – KINDERGARTEN FOR FOUR- AND FIVE-YEAR-OLDS

Week of May 25, 2020

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## Suggestions for Activities

Preschool education focuses on the overall development of all children. At 4 and 5 years of age, children develop in all five global areas at the same time: physical and motor, emotional, social, language and cognitive.

The aim is to offer suggestions for ideas, actions and activities to be carried out that allow children to:

- move (big and small movements);
- dance, etc.
- express what they're feeling; what they can do, etc.
- participate, cooperate, etc.
- talk, listen, sing, invent, etc.
- think, ask questions, look for answers, etc.

### **About the activities:**

The most important thing is to set up a routine that corresponds to your family's situation. A simple routine that is adapted to your child's age and needs is reassuring and can help maintain a pleasant atmosphere at home and prevent tantrums.

The morning routine (breakfast, brushing teeth, etc.), lunch, nap, dinner and the bedtime routine (bath, brushing teeth, story, etc.) are stable reference points that help children to situate themselves in time, encourage them to collaborate and help them to control their emotions and feel at ease.

**PLAY is a child's main learning strategy. A child who plays is a child who learns.**



# Popcorn Deletion

## Information for students

Hey kids! Popcorn is not just for the movies anymore! Try playing this game with your mom or dad, or anyone else!

- Instructions for parents:
  - Pop a bowl of popcorn (or use any other little snack: raisins, peanuts, pretzels, jujubes, etc.)
  - Choose a word from the list in the appendix (or make up your own list) and ask your child to place one piece of popcorn on the table for each sound they hear in the word. Say the word slowly, so your child can hear all the sounds. Then, ask your child to “eat” the last sound and tell you what’s left. For example: the word is *road*. Your child should place 3 pieces of popcorn down as you say “r-oa-d”. Then, have your child eat the piece of popcorn representing the /d/ sound. Ask your child, “What’s left?”. Your child should answer, “r-o”.

## Materials required

- Popcorn or another small snack

## Information for parents

### About the activity

Children could:

- Help make the popcorn or choose another small snack and pour it into a bowl

Parents should:

- Have fun playing with sounds as you eat your snack together!
- You can make this more challenging for your child by asking them to delete the middle sound. You could also ask them to replace the beginning sound. You may want to have some raisins or other small snacks on hand so when you replace the popcorn, you can add a raisin to represent the new sound. For example, if the word was *phone*, you could have them take away the /f/ sound and replace it with a /b/ sound. What do you have? The answer is “bone”.
- Remember! This is NOT about the letter, it is only about the sounds that you hear!

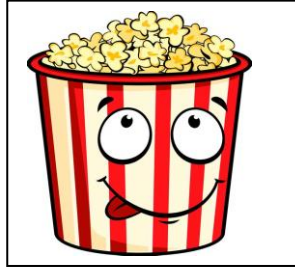


# Appendix – Popcorn Deletion

## Information for students

Word List (Suggestions only. You can make up your own list, if you prefer):

- Road (r-oa-d)
- Ice (i-ce)
- Toad (t-o-d)
- Cake (c-a-k-e)
- Barn (b-ar-n)
- Boat (b-oa-t)
- Jeep (j-ee-p)
- Bean (b-ea-n)
- Bike (b-i-ke)
- Nose (n-o-se)
- Make (m-a-ke)
- May (m-ay)
- Date (d-a-te)
- Take (t-a-ke)
- Mane (m-a-n-e)
- Hose (h-o-se)
- Chest (ch-e-s-t)
- Toes (t-oe-s)





# Number Fun!

## Information for students

Did you know that numbers follow a special order? When you count, you start with zero and count your way up (or down!) like this: 1...2...3...4...5...6... Putting numbers in order can be fun and it's SUPER important to know when you get older! Play these games with your mom or dad, or anyone else to have fun putting numbers in order. Don't forget to ask them to read the story about the naughty numbers!

- Instructions for parents:
  - You will need numbers 1-20 (or higher if your child is ready) written on pieces of paper. You can be as creative as you want with this: make them into flowers and put them on the grass; make them into cars or kittens! Do whatever will motivate your child, or simply cut squares and write the numbers on them.
  - Once you have your numbers, there are all sorts of games you can play! See the appendix for different games to play.

## Materials required

- Numbers 0-20 (or higher ***if your child is ready***) written on squares of paper.
- ***if your child is ready*** for higher numbers, you can add more numbers or simply make a set from 20-50 or from 50-100.

## Information for parents

### About the activity

Children could

- cut out the shapes or squares of paper
- write the numbers that they know

Parents should

- help your child cut out shapes
- write numbers or help your child to write them
- remember to challenge your child enough to make them think but not too much to frustrate them

Don't forget to make a number 0!



# Appendix – Number Fun!

## Information for parents

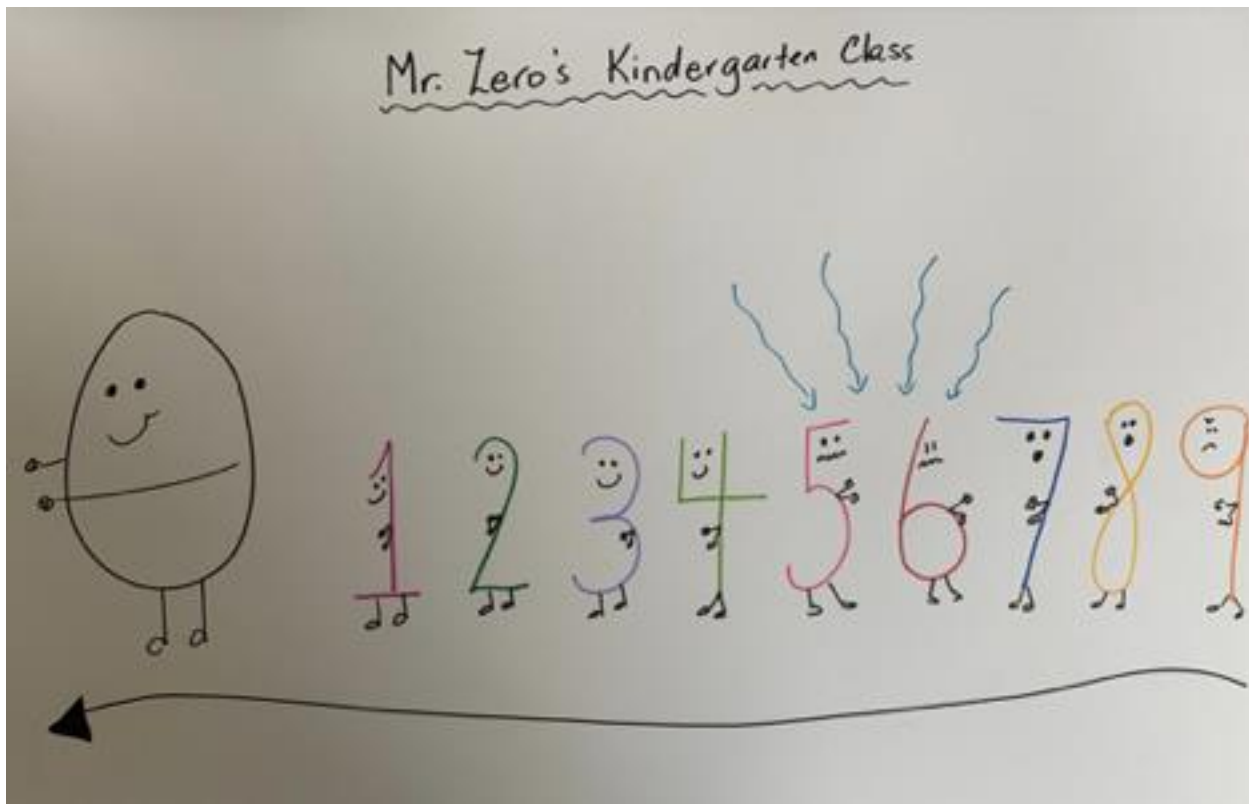
Here are some games to play with your numbers:

- 1-Scatter the numbers (face up) in the grass or on the floor. Call out a number and ask your child to run and find the number as fast as they can and bring it to you.
- 2-Tell your child to close their eyes. Scatter the numbers and count down from 5. Then have your child open their eyes, run and grab the numbers and place them in order from smallest to biggest (like a giant number line).
- 3-Scatter the numbers and ask you child to move between the numbers in various ways (e.g. hop from 5 to 7, jump on two feet from 9 to 3, roll from 2 to 6, etc.).
- 4-Place the number from biggest to smallest and count backwards, like a rocket ship launch!
- 5-Turn the cards face down and place them in a line. Ask you child to turn them over and reorder them so that they are placed in the correct order.
- 6-Tell your child to close their eyes. Place the numbers in a line, but be sure to mix a few of them up. Have your child open their eyes, and then ask them to find the mistakes and correct them.
- 7-Send your child on a number hunt. Scatter the numbers and ask your child to find things to put on each number to represent it (e.g. one toy car on number 1, two socks on number 2, three pencils on number 3, etc.). This would be a great game to play outside as there are lots of opportunities to find multiple small things (i.e. rocks, branches, leaves, etc.)
- 8-Set up a “clothesline” between two chairs by tying a string between them. Give you child the numbers and a bunch of clothespins and ask them to place the numbers on the clothesline in the right order.
- 9-**If your child is ready**, ask them to play any of the above games by skip counting (counting by 2s, 5s, or 10s).



## The Tale of the Naught Numbers:

Mr. Zero was a teacher at Number Line Elementary School. He was the proudest kindergarten teacher you would ever meet because his class always followed the rules except for two naughty students! Number 5 and Number 6 were always up to some kind of mischief or other. Once they added Jello to Mr. Zero's coffee cup! Another time, they hid Number 3's lunch in the gym locker room, and one time, they even put a frog in Number 1's desk! They were very naughty! Whenever it was time to line up, Number 5 and Number 6 never faced the front of the line! They always turned around to chat with Number 7. All of the other students would get mad at them and tell them to turn around, but they never did. Even when Mr. Zero spoke to them, they never listened. To this day, Number 5 and Number 6 always walk backward and they are very old now.





# Apple Tower

## Information for students

How tall do you think an apple can be? As tall as mouse? As tall as a tree? As tall as a house? As tall as me! You've probably been told you before that you shouldn't play with your food but we are about to show that you can play with your food and eat it too!

- Instructions for parents:
  - cut up an apple into chunks.
  - give your child the apple pieces and some toothpicks.
  - challenge your child to build the tallest structure they can using only the apples and toothpicks.

## Materials required

- Pieces of an apple
- Toothpicks
- Lemon juice (optional)

## Information for parents

### About the activity

Children could:

- help cut the apples into chunks with adult supervision

Parents should:

- cut the apple into chunks OR supervise children as they cut the apple
- put some lemon juice on the cut apple to prevent it from browning
- help children measure the height of the structure they build





# Appendix – Apple Tower

## Information for students

